

An Assessment Of Basic Sports Facilities In The Schools Of Shopian District

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Abstract

The purpose of the study was to the assessment of basic sports facilities in schools of the Shopian district (Jammu and Kashmir). A total of 20 Schools are selected randomly of both private and government recognized with JKBOSE (Jammu and Kashmir State Board of School Education). The sports facilities (Football, Volleyball, Cricket, Hockey, Kabaddi, Kho-Kho, Badminton, Athletics, Basketball, Chess, Table Tennis, and Wrestling). The data was collected survey method and percentage are used to know the exact Permanent, Temporary and no sports facilities in schools of Shopian district.

Keywords: Assessment, Sports Facilities, Permanent, Temporary, No Sports Facilities.

1. Introduction

Physical education has become one of the beloved subjects of the students in schools. It helps students to develop abilities in sports and games. The government has been trying to encourage the attention of the students towards physical education and sports it will help them in terms of relaxation and stress reduction from the general class. There will be an opportunity for the student to find out what kind of activity they actually need to participate. In a meeting a (UNESCO) "United Nations Education, Scientific, and Cultural Organization" a

resolution was passed, that is physical education and sports be made compulsory in all countries of the world so that this degeneration process may be behind, (NCERT) "National Council of Educational Research and Training" in physical education and sports, the first and leading requirement is to provide advocate facilities to run the program.

Today sports in Jammu and Kashmir have achieved a zenith in terms of popularity and it is now a career option in UT. In the valley of Jammu and Kashmir Cricket and Football along with the sports like Golf, winter sports are famous sports and games, so the UT (Union Territory) has produced national and international players including the Gulam Dev (first Kashmir Olympic) Chain Singh, Aamir Aziz, Parvez Rasool, Mehraj Ud Din wadoo, Iqra Rasool, Tajamul Islam, and Palak Kher.

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The conflict tension of the UT, Government and try to stay the youth of the UT away from the conflict, so in this connection, the Jammu and Kashmir police and Indian army conducts sports activities for initiative welfare. Lack of sports and infrastructure facilities and lack of politicization support also decrease the growth of sports in the valley.

2. Objectives of study

- > To examine the existing sports facilities in schools of Shopian District.
- > To find out the ratio was of the available sports facilities.
- > To find out the impact of sports facilities in schools.

3. Delimitations

- > The study was delimited to 20 schools only.
- > The study was delimited to sports facilities.
- > The study was also delimited to JKBOSE recognized schools.

4. Limitations

- > The study was limited to the Shopian district schools
- > No technique of motivation is also a limitation.

5. Significances of study

- The researcher was an attempt to bring light on the existing sports facilities available in schools of Shopian district.
- > The study was helpful to increase the motivation of students to sports activities.
- It was helpful to the institutions like private and government institutions to suggest the measures for better sports facilities.
- The study was helpful to access the effect of sports facilities on more participation of students.

6. Methodology

To achieve the aim of the study there was 20 schools are selected (Primary, Middle and Higher Secondary), Primary (1-5th class), Middle (5-8th class) and Secondar (9-10th class) respectively. The researcher personally visits in the schools take consent from the school authorities to collect data. All the schools are affiliated with the JKBOSE (Jammu and Kashmir Bord of School Education). Only schools selected are of district Shopian on**ly**.

7. Result

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S.No.	Games/Sports	Permanent Facilities		Temporary Facilities		No Facilities	
		No	Percentage	No	Percentage	No	Percentage
1	Football	14	70%	4	20%	2	10%
2	Volleyball	18	90%	1	5%	1	5%
3	Cricket	15	75%	3	15%	2	10%
4	Hockey	0	0%	2	10%	18	90%
5	Kabaddi	12	60%	7	35%	1	5%
6	Kho-Kho	17	85%	2	10%	1	5%
7	Badminton	14	70%	2	10%	4	20%
8	Athletics	15	75%	2	10%	3	15%
9	Basketball	12	60%	2	10%	6	30%
10	Chess	10	50%	2	10%	8	40%
11	Table Tennis	3	15%	2	10%	15	75%
12	Wrestling	0	0%	3	15%	17	85%

Table: 7.1: Basic Sports Facilities in the Schools of Shopian District

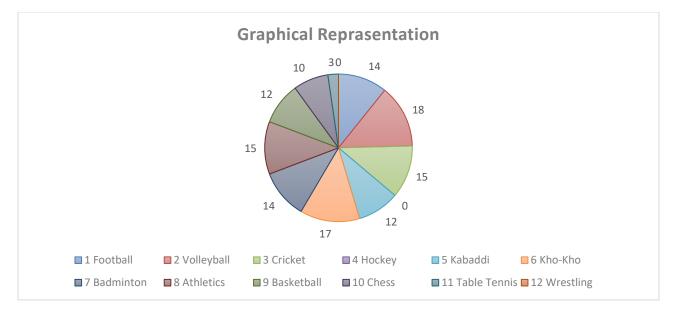


Figure: 7.1: Basic Sports Facilities in the Schools of Shopian District

8. Description of the table

An examination of the table reviles that the "Permanent facilities " to conduct games and sports are available in Football 70%, Volleyball 90%, Cricket 75%, Hockey 0%, Kabaddi 60%, Kho-Kho 85%, Badminton 70%, Athletics 75%,Basketball 60%, Chess 50%, Table Tennis

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15%, Wrestling 0%, Temporary Facilities available such as Football 20%, Volleyball 5%, Cricket 15%, Hockey 18%, Kabaddi 35%, Kho-Kho 10%, Badminton 10%, Athletics 10%,Basketball 10%, Chess 10%, Table Tennis 10%, Wrestling 15% and No Facilities available Football 10%, Volleyball 5%, Cricket 10%, Hockey 90%, Kabaddi 5%,, Kho-Kho 5%, Badminton 20%, Athletics 15%, Basketball 30%, Chess 40%, Table Tennis 75%, Wrestling 85%. Some games have permanent some have temporary and some have no facilities.

9. Conclusion

- > Most of the schools have permanent, temporary and no sports facilities.
- > Most of the schools heaving no Wrestling facilities.
- > A high percentage of schools have volleyball facilities.
- > Cricket and Athletics have the same facility percentage.

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