



Marital Adjustment Among Employees Of Government And Private Sector

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Abstract

Marital adjustment can be defined as the mental state among couples in which there is an overall feeling of gladness and fulfilment with their marriage. The prime aim of the study was to identify marital adjustment among Employees of Government and Private Sector. 30 Private Job Female and 30 Private Job male in relation to Marital Adjustment. 30 Government Job Female and 30 Government Job male in relation to Marital Adjustment. All this information was collected by creating an online Google form according to marital adjustment questionnaire. The marital adjustment questionnaire developed by Dr. Pramod Kumar and Dr. Kanchana Rohatagi. Mean scores were computed and 't' test was applied to find out the differences between the groups. The interpretation of the results indicated there was insignificant mean difference between relations to their Gender and Types of Job regarding the marital adjustment.

Key Words: Marital Adjustment, Gender, Government and Private Sector.

Introduction

Eysenck & others defined adjustment as "A state in which the needs of the individual on the one hand and the claims of the environment on the other hand are fully satisfied or the process by which this harmonious relationship can be attained."

Landis writes, "Marriage and family are not optional; they are necessary. They meet men's deepest needs." Marriage provides a person an opportunity for a secure and protected satisfaction of his needs for companionship, affection and sexual expression. It involves the most intimate type of emotional relationship between two individuals (Coleman, 1964). Many marriages suffer because the two partners fail to develop a relationship which is characterized by mutual acceptance, trust, care, concern love, admiration and sharing of role responsibilities.

The success in marriage is said to depend partly on finding the right person (Ruch, 1970). But the mere fact that two persons are suited to each other does not guarantee that they will make a successful marriage. They must learn to live together-to share, accommodate, compromise, adjust and plan together. One is required to develop a proper attitude, skill and temperament to be successful in marriage. Ruch (1970) rightly says that

being the right person is more a matter of becoming the right person. This implies considerable change in their personalities they bring with them at the time of marriage. In short, a good marriage does not simply happen, it has to be worked out (Stone & Stone, 1967).

Objectives of the Study

The present investigation was carried out to accomplish following objectives

- To identify Marital Adjustment in relation to Employees Gender.
- To identify Marital Adjustment in relation to Government and Private Sector.

Hypothesis

1. There is no significant difference between female and male employees in relation to private job in Marital Adjustment.
2. There is no significant difference between female and male employees in relation to Government job in Marital Adjustment.
3. There is no significant difference between Private and Government employees in relation to Marital Adjustment.

Method

Sample

The present study was carried out on Marital People live in Ahmedabad district of Gujarat state. In this research employees divided in two group first is private job and another is government job. 30 Private Job Female and 30 Private Job male in relation to Marital Adjustment. 30 Government Job Female and 30 Government Job male in relation to Marital Adjustment. All this information was collected by creating an online Google form according to marital adjustment questionnaire.

Tools

Personal Data Sheet:

A Personal data sheet developed by investigator was used to collect information about male, female and types of job, etc.

Educational Adjustment Inventory

The marital adjustment questionnaire has been developed to provide a handy tool to identifying couples who are making poor marriage and need psychodiagnostic help. Further, the questionnaire is developed in a way as to provide a more meaningful single composite marital adjustment score for the couple unlike other available scales which give separate marital adjustment scores for the two. The marital adjustment questionnaire developed by

Dr. Pramod Kumar and Dr. Kanchana Rohatagi. In this questionnaire total 25 Sentence under the three options, viz. Always, Sometimes and Never. These options indicate the level of marital Adjustment. The Test-retest reliability for this questionnaire is 0.84. The face validity of the questionnaire appeared to be fairly high.

Statistical Analysis:

In this study ‘t’ test was used for statistical analysis.

Results and discussion

As pointed out previously that the prime aim of the study is to identify Marital Adjustment in relation to Gender and Types of Private and Government Job. Here further I would like to mention that the score obtained on Marital Adjustment has been developed by Dr. Pramod Kumar and Dr. Kanchana Rohatgi. It can be stated that the result in general reveals that the ‘t’ value of the total two table is not found to be significant level. Table: 2 is found to be significant.

As reported in table 1 Male exhibits lower mean score (M=39.33) then the female (M=41.7) and ‘t’ value of 1.80 clearly indicate that the differences between the two groups in Marital Adjustment level is found to be statistically insignificant. The mean score of two groups of Private Job says that the male have slightly higher mean score than female private job; it means that female and male have same adjusted with especially marital adjustment.

Table 1: Shows Mean, SD and ‘t’ value on Marital Adjustment between female and male Private Job.

Private Job	N	Mean	SD	‘t’	Significant
Female	30	41.7	6.13	1.80	NS
Male	30	39.33	4.02		

***Significant level of ‘t’ value: 0.05 level 2.00 (df=58), 0.01 level 2.66 (df=58)**

Table 2 reveals results obtained by the group of Government Job female and male on marital adjustment. As reported table 2 male group shows lower mean score (M=37.67) then the female (M= 41.5) but ‘t’ value of 2.86 indicate that the differences between the two groups of Government in marital Adjustment level is find to be statistically significant.

Table 2: Shows Mean, SD and ‘t’ value on Marital Adjustment between Graduate and Above Graduate Education.

Government Job	N	Mean	SD	't'	Significant
Female	30	41.5	4.31	2.86	Significant
Male	30	37.67	6.09		

***Significant level of 't' value:0.05 level 2.00 (df=58), 0.01 level 2.66 (df=58)**

Table 3 reveals results obtained by the group of Private Job and Government Job on marital adjustment. As reported table 3 Government Job group shows lower mean score (M=40.13) then the Private Job (M=40.37) and 't' value of 0.16 indicate that the differences between the two groups of Private and Government in marital Adjustment level is find to be statistically insignificant.

Table 3: Shows Mean, SD and't' value on Marital Adjustment between Private and Government Job.

Group	N	Mean	SD	't'	Significant
Private Job	30	40.37	6.46	0.16	NS
Government Job	30	40.13	5.2		

***Significant level of 't' value:0.05 level 2.00 (df=58), 0.01 level 2.66 (df=58)**

Conclusion:

From the data available in tables 1 to 3 it is easily come to concludes that the table-1 Private job group of female and male and table-3 group of private job and government job both are two groups of marital adjustment in relation to gender and types of job are not significant but the table-2 government job group is significant. In this covid-19 situations there is no difference in marital adjustment in relation to Gender and Types of Job.

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