



A Study On The Role Of Discipline In Education And Its Impact On The Process Of Learning Among The Students

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Abstract-

Provision of the quality education and learning is the ultimate goal of any educational system. The success of teaching is reflected by academic performance of the students. This goal can never be achieved without discipline in the school. Effective discipline helps in the achievement of goals, expectation and responsibility in the students. Good discipline creates a good image of the schools and prepares learners for their future life. Disruptive behaviour amongst learners eliminated if there is good discipline at schools. The implementation of effective discipline in schools is a key factor for the learners in his journey to adulthood. Positive discipline allows students to learn and adapt their behaviours to meet expectations in the classroom, while simultaneously teaching them how to make better choices in adulthood. Maintaining good discipline in schools lays a good foundation of being selective, independent, punctual, focused and encouraged and organized in the student's life. It is rightly said that, "Life without discipline is just like a ship without radar." So, good discipline is important for students to complete their assigned tasks in time. The main purpose of this paper to study about the role of discipline in education and its impact on the process of learning.

Keywords- Discipline, student, education, school, learning etc.

Objectives of the Study-

- To study the suitability of set rules regulations in best and least performing schools.
- To study about the involvement of teachers in maintaining discipline in their schools.
- To study about the factors that creates disciplinary problems in their schools.

Methodology-

Here the investigator applied both primary and secondary sources for preparing this paper. The investigator uses simple survey method with the help of questionnaire and observation for collection of data and also use books, magazine, journal, newspaper, various published and unpublished records, internet etc. the present study is conducted with the five M. E.

School under the Biswanath Educational Block, Biswanath District, Assam. The data were collected from only 90 respondents of the total sampling population by using simple random sampling. The data were delimited only the age group of 12-15 years in the class 6 to 8.

Concept of Discipline

The term 'discipline' refers to a state of orderly conduct of an individual which is gained through training in self-control and in habits of obedience to socially approved standards of thought and action. It implies a good understanding of right conduct. The genesis of the word 'discipline' is supposed from the Latin word "disciplina" which means management, rule, education, practice, teaching and trained condition. In this way, the meaning of discipline is to create regularity in conduct. Literally discipline is a mode of life in accordance with certain rules and regulations. The formation of desirable habits and attitudes and an adherence to such standards are just and necessary. It includes the socialization of behaviour, the manner of working and living in co-operation and subordination of individual interests to group interests. Discipline is the practice of training people to obey the rules and regulations. It is a method of training our mind or body and of controlling our behaviour in an area of activity where this is necessary. Discipline builds a person character, nature and personality. It is in life very important and necessary in order to achieve good results. Discipline is an art that requires knowledge, skill, sensitivity and self-confidence. Discipline is also means teaching acceptable behaviours and unlearning maladaptive behaviours with support, guidance and direction in managing behaviour. It is about setting limits, clarifying roles, responsibilities and mutual expectations and creating a predictable, orderly and stable life.

Discipline in Educational Institution-

Discipline in school generally means, "order and system in doing things, regularity and obedience to commands." School discipline relates to the actions taken by a teacher on the school organizations towards a student or a group of students when the student's behaviour disrupts the ongoing educational activities or breaks a rule created by the school. Discipline can guide the student's behaviour or set limits to help them learn to take better care of themselves, other people and their surroundings. School system set rules and if students break these rules, they are subject to discipline. School discipline refers to the rules and strategies applied in school to manage student behaviour and practices used to encourage self-discipline. School discipline addresses school, classroom and individual student needs through broad prevention, targeted intervention and development of self-discipline.

Components of Discipline in School-

The foundation of discipline is deeply rooted in the total school programme and classrooms situation. It has a set of components. Some of the most important components of discipline which are used in educational institutions are as follows-

- **Head of the institution-** The success or failure of any educational institution depends upon the personality of the head of that educational institution. He/she must possess some philosophy of discipline. He/she must have some well-grounded fundamental principles which guide him to treat the teachers and students.
- **The Teacher-** The teacher is the fountain head of discipline and character formation. With good teachers, half the problem of school discipline disappears. Every teacher has to great role to maintain smooth discipline in their institutions as well as their social platform.
- **Co-curricular activities-** Sports, Scouting, N.C.C, Social service and community activities may develop in students a sense of self-control and self-confidence which is the cornerstone of discipline. Social co-operation, respect for authority and leadership training can pave the right way of instructing them in the fundamentals of true discipline.
- **Building Up Traditions-** It is generally known that everyone has the higher and nobler the traditions built up by a school, the greater the efforts on the part of students and teachers to maintain those traditions.
- **Teaching Methods-** If appropriate methods of teaching are applied, the chances of students getting in disciplined or going astray will be few and far between. Classroom methods should be directed towards producing well-adjusted and self-disciplined individuals.
- **Self-Government in Schools-** In every school student should be properly associated with the administration of discipline as well as with the health, sports, dramatics and other school activities. Such as association will make them obedient to rules and regulations for more real, meaningful and willing than when the same is imposed from above.
- **A Good School Environment-** Every educational institution or school should prepare its calendar in the beginning of new educational session, giving a clear idea of the aims, course of study, administrative rules and regulations as well as the plans of curricular and co-curricular activities of the institutions.
- **Judicious use of Rewards and Punishments-** Reward is the most powerful way to motivate the students and punishment is also helpful for overcome the unhealthy situations among the students. But too much applying these processes among the students it may harmful in achieving the positive impact upon the students.
- **Effective Team-Workers-** A sense of unity, co-operation and fellow feeling prevailing among the school staff is sure to reflect upon the pupils. The young pupils in schools watch very minutely the activities of their teachers and try to imitate them for good or bad, as the case may be. It is therefore necessary that in order to promote discipline among pupils, it must first be established and maintained among the members of school-staff.

The Importance of Discipline in a Student's Life-

- **Eliminates Stress from the student's life-** Discipline helps the students in maintaining and following the daily routine properly which may help the students to stay stress free life.
- **It moulds students' character-** Another important benefit of being disciplined is that it helps mould students character. Through disciplined students can able to get positive attitude towards their studies and their life.
- **Enhances and Encourages students' motivation-** There is no denying the fact that student life is not always easy. However, staying disciplined will keep our motivation fire burning and help in getting best out of education.
- **Help students get better grades-** This is the ultimate goal of every student's life and it is very important for every students to be disciplined at all time and it may help the students in getting desired achievement in their academic life.
- **Manage time properly-** If students follow the discipline in a better way than they can manage their time properly. Good discipline helps students to do all the works and activities with proper time without engaging unnecessary things and works.
- **Being focused-** Discipline teaches to be focused and motivated towards their studies as well as other fields of their life. If students do not stay disciplined so it becomes hard for them to stay focused on their duties.
- **Helps to get more self-control-** One of the great importance of discipline is that it helps to get more self-control to develop a greater personality where they can stay away the wrong things and activities.
- **Set a good example to others-** When students stay in the discipline, they also encourage other students of their class to be disciplined as well. The other students with disciplined when they see any positive impact on the grades as well as other fields of their life.

Data Analysis and Interpretation-

For this study the data were collected only from the teachers about their views on disciplinary measures and actions in maintaining school discipline among the students. In order to establish teachers' views and actions on disciplinary measures, respondents were provided some predetermined items, statements or views on the disciplinary measures in maintaining the effective discipline in their schools. The collecting data are summarized in the following tables.

TABLE NO 1- VIEWS OF TEACHERS ON DISCIPLINARY MEASURES

Sl. No.	Statement	Total No of	No of respondent	No of responden	No of responden	No of responden
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		respondents	s in Totally Agreed	ts in Partially Agreed	ts in Partially Disagreed	ts in Totally Disagreed
1	Learners need to be punished for their undisciplined behaviour	90	50	23	17	0
2	Learners should be involved in deciding what type of disciplinary measures should be applied	90	65	25	0	0
3	Teachers should adopt an autocratic style in applying disciplinary measures	90	1	4	5	80
4	Learners should be entrusted with the management of discipline	90	77	3	0	0
5	Learners should be allowed to participate in determining a consequence for a specific behaviour	90	45	45	0	0
6	High enrolment figures resulted in disciplinary problem	90	4	75	10	1
7	Lack of discipline affects the academic performance of learners negatively	90	90	0	0	0
8	Teachers should be informed of disciplinary	90	90	0	0	0

	measures that could be applied in school					
9	Parents should be involved in assisting school with the discipline of learners	90	75	5	0	0
10	Discipline is important for the maintenance of order in the school and classroom	90	90	0	0	0
11	In drawing up the school code of conduct all stakeholders should be involved	90	90	0	0	0

TABLE NO 2- THE FACTORS OF SCHOOL DISCIPLINARY PROBLEM

Sl. No.	The Factors of the School Disciplinary Problem	Total No of Respondents	No of respondents with Agree	No of respondents with Disagree
1	Disciplinary problem in school due to health problem	90	63	27
2	Disciplinary problem in school due to family problem	90	80	10
3	Disciplinary problem in school due to financial problem	90	90	0
4	Disciplinary problem at school because of the peer surrounding	90	80	10
5	Disciplinary problem in school due to the lack of attention from the parents	90	85	5
6	Disciplinary problem in school due to the religious upbringing	90	81	9
7	Disciplinary problem in school due to mass media	90	75	15

8	Disciplinary problems in school because of uninteresting teaching method	90	86	4
9	Disciplinary problems in school due to lack of interest of students in their academic activities	90	90	0
10	Disciplinary problems in schools because of the student's unawareness about their goals of life	90	89	1

Findings-

After collecting the data from the teachers of the sampling schools I got some findings about the school disciplinary measures and actions that affect the teaching learning process in their schools. Such as-

- Many teachers said that disciplinary problem occur due to the family problem of the students.
- Financial status of the parents is another cause of student indiscipline in their schools.
- Peer surrounding is one of the biggest factors of the student indiscipline in their schools.
- Disciplinary problem is occurred due to the lack of attention from the parents to their child.
- Student unawareness about their goals of life is another big factor of student indiscipline.
- Autocratic attitude of teacher also causes the problem of student indiscipline.
- Strict rules and regulations are also a one of the causes of student indiscipline.
- Many teachers also said that high enrolment of students affects the maintaining discipline in their school.

Suggestions-

For removing the disciplinary problem in the schools, I have some ways and ideas to improve the school discipline for smooth running of school activities and students achievements. Such as-

- School should be flexible for giving punishment of the students.
- Teachers should be democratic for maintaining discipline in their schools.
- Teachers should be very co-operative for their students.

- Teachers should be aware about that teaching methods are not being complex and boring.
- School should not use strict discipline for their students.
- Schools rules and regulations are able to controlled problematic students.
- Students are aware of the punishment regarding to the rule's disobedience.
- Teachers should apply the disciplinary conducts in the class sessions.
- Parents need to be spent more time with their child.
- Parents should monitor their child's action.
- Parents should be conscious their child's needs and interests.
- Schools should be involved in drawing up the school code of conduct i.e., learners, teachers, parents and interested communities.

Conclusion-

Discipline is a way to set limits for the students so that they know what is wrong and what is right. This improves the character of the students and they become strong as well as self reliant. Discipline even develops the analytical skills of the students. So, when they grow up, they can exploit their skills to solve real life challenges. Clearly discipline is one of the most essential values to succeed in life. It lays a good foundation of being selective, independent, punctual, focused, encouraged and organized in life.

Discipline impacts the learning process by creating a stress-free environment for apportioning time to various activities, improves learning through observing and maintaining a set daily routine, moulds learner character and enhances their motivation, enables the good examples and positively contributes the students towards their academic achievements. Therefore, discipline is the utmost essential values in the teaching learning process and also the real-life situation in each and every member of our society.

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